

Freiwilligenprojekte im ESK (Europäisches Solidaritätskorps)

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Bewerbung für den Freiwilligendienst (ESK)

Du interessierst dich für einen Freiwilligendienst in Europa über das **Europäische Solidaritätskorps (ESK)**? Super!

Bevor du starten kannst, gibt es ein paar Dinge zu beachten und To-dos zu erledigen.

Eine hilfreiche Übersicht dazu findest du auch hier: [Info-Kit eurodesk](#)

Schritt 1: Registrierung im Europäischen Jugendportal

1. Registriere dich zuerst im [Europäischen Jugendportal](#) für das ESK.
2. Du erhältst eine Bestätigungs-E-Mail mit deiner persönlichen Referenznummer (**PNR**).
3. Diese Nummer brauchst du für alle weiteren Bewerbungen und Prozesse.

Um einen ESK machen zu können, benötigst du ein Projekt, das ist die Einsatzstelle in der du tätig wirst und eine Entsendeorganisation. Die Entsendeorganisation können wir sein!

Schritt 2: Eine passende Einsatzstelle finden

Es gibt drei verschiedene Wege, ein Projekt (Einsatzstelle) zu finden:

1. Weg: Bewerbung über die Einsatzstellenliste der Kölner Freiwilligen Agentur e.V.

Du kannst dich direkt bei einer Organisation für ein Projekt bewerben, mit der wir, die **Kölner Freiwilligen Agentur**, schon zusammengearbeitet haben. Siehe dazu die angefügte Einsatzstellenliste. Die Kontaktadresse findest du in der Liste.

2. Weg: Suche in der [Projekt-Datenbank](#) des Europäischen Jugendportals

- Filter einstellen:
 - „Art der Tätigkeit“ → **Freiwilligentätigkeit**
- Auf der Karte siehst du Einsatzorte.
- Unter der Karte findest du eine Liste mit Projekten.
- Tipp: Manche Projekte sind bereits abgelaufen. Setze den Filter „Liste sortieren nach“ am besten auf **Anfangsdatum** oder wähle einen gewünschten Zeitraum.
- Hinweis: Projekte erscheinen meist ca. **6 Monate vor Beginn**, manche auch kurzfristiger (1–3 Monate vorher).

3. Weg: Suche in der [Organisations-Datenbank](#)

- Filter einstellen:
 - Land: Wunschland (oder „alle“, falls egal)
 - Tätigkeit: **Freiwilligentätigkeit**
 - Rolle: **Hosting**
- Hinweis: Hier findest du Organisationen, aber nicht direkt freie Stellen.
 - Wenn dich eine Organisation interessiert, kannst du sie anschreiben und nach Möglichkeiten fragen.

Du hast ein spannendes Projekt (Einsatzstelle) für dich gefunden?

Schritt 3: Bewerbung schreiben

Für deine Bewerbung benötigst du:

- **Motivationsschreiben** (in Englisch oder der Landessprache)
- **Lebenslauf** (ebenfalls in Englisch oder der Landessprache)
- **Deine PNR Nummer** (siehe Schritt 1)

Außerdem brauchst du eine **Entsendeorganisation in Deutschland**.

Wir, die **Kölner Freiwilligen Agentur** können deine Entsendeorganisation sein. Nimm dazu bitte vor deiner Bewerbung Kontakt mit **Anna-Lena Müller** anna-lena.mueller@koeln-freiwillig.de auf und informiere sie, für welche Projekte (Einsatzstellen) du dich bewirbst.

Bitte gib in deiner Bewerbung folgendes an:

“My sending organization in Germany will be the Cologne Volunteer Agency.”

Mit folgenden Aufnahmeorganisationen haben wir bereits erfolgreich zusammengearbeitet. Dort kannst du dich bei Interesse direkt bewerben. Auf unserer Website findest du außerdem [Erfahrungsberichte](#) ehemaliger Freiwilliger, die von ihrem Freiwilligendienst in den Projekten berichten:

Einsatzstellen	Nr.	Starttermin
Frankreich		S. 4
Association Community Foreign Cultures and Youth Work (279846)	ESK	01.09.2026
Association Community Foreign Cultures and Youth Work (279846)	ESK	01.09.2026
CEMÈA Nord-Pas-de-Calais German Ambassador of Mobility (180860)	ESK	01.09.2026
Centre européen Robert Schuman Mitarbeit im Bildungszentrum (267215)	ESK	01.09.2026
Maison des Jeunes et de la Culture (MJC) de la Région d'Elbeuf Mitarbeit im Jugend- und Kulturhaus (299989)	ESK	01.09.2026
Griechenland		S. 11
Praxis Mediart (26459)	ESK	01.09.2026
United Societies of Balkans (USB) ARGO RECOVERY COOPERATIVE (297338)	ESK	01.09.2026
United Societies of Balkans (USB) Balkan Hotspot - Youth Media Lab (170387)	ESK	01.09.2026
Italien		S. 17
A Ruota Libera Onlus Social Farm (294309)	ESK	01.09.2026
Associazione di promozione sociale Joint ESC in education and life-long learning (169254)	ESK	01.09.2026
InCo, Interculturalità e Comunicazione Asif Chimelli, Jugendzentrum und Jugendbüro (238496)	ESK	01.09.2026
InCo, Interculturalità e Comunicazione Azienda Servizi Sociali di Bolzano, Seniorenheim (238499)	ESK	01.09.2026
InCo, Interculturalità e Comunicazione Comenius-Schule (238493)	ESK	01.09.2026
InCo, Interculturalità e Comunicazione VKE - Spielbus, Spielhaus und Sommercamp (238498)	ESK	01.09.2026
Niederlande		S. 28
Stichting BioArt Laboratories BioArt Village (muss noch bestätigt werden) (256562)	ESK	01.09.2026
Österreich		S. 29
Vulkanschule Vulkanschule Auerbach (230348)	ESK	01.09.2026
Polen		S. 30

Stowarzyszenie Wzajemnej Pomocy Bona Fides ESC in Katowice (305924)	ESK	01.09.2026
Spanien		S. 33
Asociación ÁGORA CULTURAL Centro Ocupacional El Renaixer, Werkstatt für Menschen mit Behinderung (299682)	ESK	01.09.2026
Asociación ÁGORA CULTURAL Centro Ocupacional MARÍA RAFOLS, Werkstatt für Menschen mit Behinderung (299988)	ESK	01.09.2026
Xeracion Valencia ASMISAF: Support for people with disabilities (305923)	ESK	01.09.2026
Xeracion Valencia Environmental Issues (305922)	ESK	01.09.2026

Foreign Cultures and Youth Work

279846

Einrichtung:

Association Community

Anschrift der Einrichtung

Rue Aristide Briand
62510 ARQUES
Frankreich

Kontaktperson

Frau Suzie Delaval
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E-Mail: suzie.delaval@community-asso.org
Web: <http://www.community-asso.org>

Angebot:

Foreign Cultures and Youth Work
Frankreich

Einsatzstelle

The Association Community is a social center in Arques, a city in the North of France. We are a private French NGO aiming at creating social links with the inhabitants of our territory, in order to empower them (no matter their age, social origins, religion, gender, or ethnic background) through projects and activities which contribute to develop their skills and share values such like human dignity, respect and solidarity. Our activities rely on 3 different units which are: Social cohesion, Youth mobility & international cooperation, Local solidarities & sustainable development.

Our core values are solidarity, human dignity and togetherness and our main aim is to understand the needs of the people who approach us and act in their best interest. Cooperation and sharing are pillar concepts for our organisation and this is why we are constantly looking for new opportunities of collaboration with other local or international institutions. In this sense, Association Community is a living space, full of resources, where a dynamic and competent team aims to support everyone at their own pace and according to their expectations.

We are located in Arques, a pocket-sized town located in the Pas-de-Calais department (north of France). The stories you have heard about this region are true: it does rain an awful lot in these parts of the country. In fact, at your arrival you will probably be welcomed by a big thunderstorm. But worry not, the sun does come out, brighter and more beautiful than anywhere else. The weather forecast will become part of your experience abroad and will most likely teach you how to better appreciate the things that you may take for granted elsewhere.

Aufgaben der Freiwilligen

Here are the kind of missions that you would have to ensure (with the support of the team, of course !)

- To elaborate and implement entertaining activities and games for young people in order to raise their awareness about different cultures or countries, gender stereotypes, fighting against discrimination
- To promote the international youth mobility programmes by implementing group trainings, information sessions (within our organization, but also within some schools), by enhancing the benefits of mobility, especially to disadvantaged young people
- To support the team in seeking new partnerships to develop international cooperation projects and youth exchanges
- To manage our social media and to create relevant and regular posts' content
- To participate in events and contribute to their implementation
- To imagine a project on your own that you would like to develop

Unterkunft und Verpflegung

Each volunteer will receive a monthly food allowance. Since the kitchen is fully equipped, volunteers can prepare their meals at home. There is a supermarket right in front of the house. At the same time, since the association keeps a permaculture garden and we have good crops each year, volunteers can also benefit from the fresh fruits and vegetables that we grow. Moreover, they can also benefit from our weekly cooking workshops.

Voraussetzungen

- being very sociable, able to create links with unknown and different kind of people
- being creative, with an aesthetics sense
- being comfortable with initiating discussion, especially with children and teenagers
- having interest in foreign cultures & some abroad mobility experiences
- having some French basics and the desire to learn more
- having some skills in social media management

Rahmenbedingungen

Europäischer Solidaritätskorps. Duration: 6 months or longer. Attention: Volunteers will not be selected before June.

Einrichtung:

CEMÉA Nord-Pas-de-Calais

Anschrift der Einrichtung

11 rue Ernest Deconynck
59000 Lille
Frankreich

Kontaktperson

Herr Therby Thibault

Tel: +33320128000

Mobil: +337-89-09-85-16

E-Mail: ttherby@cemeanpdc.org

Web: <http://www.cemea-npdc.org>**Angebot:**

German Ambassador of Mobility
Frankreich

Einsatzstelle

CEMEA steht für die Werte wie: Fähigkeit zu Mobilität, Offenheit anderen Menschen, Nationalitäten und Kulturen gegenüber, ... dies alles ist Teil einer Haltung, um als Bürger:in autonom und aktiv von der lokalen bis hin zur internationalen Ebene zu handeln. Auf dieser Grundlage entwickeln die CEMEA europäische und internationale Arbeit, indem sie mit Partnern vor Ort und auf anderen Ebenen und mit Netzwerken in Frankreich, Europa und in anderen Ländern zusammenarbeiten, wie zum Beispiel : DFJW (Deutsch-Französischer Jugendwerk), DFBF (Deutsch-Französischer Bürgerfonds), Jugendgipfel der Weimarer Dreieck, Erasmus + und Europäisches Solidaritätskorps.

Ausführlichere Beschreibung auf Englisch:

As a movement for popular education and new education, CEMEA is an officially recognised French non-profit organisation, complementary to School, which trains educational and social actors in the fields of professional training and lifelong learning. CEMEA is authorized, approved and/or subsidized by the French Education Ministry, the Ministry of Youth and Community Life, the Ministry of Labour, Employment and Health, the Ministry of Foreign Affairs, and the Ministry of Culture and Communication. CEMEA has concrete ambitions to build a society which is fairer, more united, and more equal, with an approach that emphasizes education and emancipation, founded on values that are centred around progressive education, and enabling individuals to achieve their potential through active teaching methods. The staff of CEMEA NPDC is made up of 40 salaried trainers, 182 active members who contribute to training actions and our decision-making bodies (15 members at the Board of Directors and 5 members at the Management Team). 1800 trainees per year receive a training in Socio Cultural Animation at CEMEA NPDC.

We have different fields of activity, all dedicated to training and education: Mental Health, Training for non-professional youth workers, Socio-cultural animation work (professional degrees), With and in the school community actions, Media, critical education and civic participation and culture.

For more than 10 years, CEMEA NPDC has been involved in European projects. Since 2018, CEMEA NPDC has been Erasmus developers. Further, CEMEA NPDC is a partner organization of the French-German Youth Office. Our organization organizes and develops various French-German projects and formations, which are partly trilateral with our Greek, Portuguese, Moroccan or Algerian partners. CEMEA NPDC also coordinates the Network of the Route NN (from the French-German Youth Office: DFJW), which is composed of different associations promoting youth exchanges between the regions Hauts-de-France and North Rhine-Westphalia

Aufgaben der Freiwilligen

Botschafter der Mobilität: Information über die Möglichkeiten von Mobilitätsprojekten für junge Menschen.

Unterstützung der Entwicklung von deutsch-französischen Partnerschaften und Projekten (sowie von trilateralen Projekten mit unseren europäischen und internationalen Partnern).

Unterstützung des Netzwerks Route NN zwischen den beiden Regionen Hauts-de-France und Nordrhein-Westfalen, das dazu beitragen soll, den Zugang zu deutsch-französischen Austauschprogrammen für alle jungen Menschen zu erweitern.

Teilnahme an Workshop über die kulturelle Vorbereitung auf eine Mobilität in Deutschland.

Unterstützung bei der Begleitung von deutschen Jugendgruppen in Lille.

Unterkunft und Verpflegung

Die Unterkunft wird gestellt. Sie befindet sich mitten im Stadtzentrum von Lille.
Die Verpflegung wird gestellt oder Verpflegungsgeld wird ausgezahlt.

Voraussetzungen

Communication Skills (knowledge about Social Media such as Twitter, Facebook...).

Languages: French (basic niveau, if not, English would be necessary), German.

Being willing to be trained in intercultural skills and animation, and in the organization of European programs.

Being curious, creative and enthusiastic to develop and work on European and international projects.

Mindestalter: 18 Jahre

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 6 bis 12 Monate.

Einrichtung:

Centre européen Robert Schuman

Anschrift der Einrichtung

2, rue Robert Schuman
57162 Scy-Chazelles cedex
Frankreich

Kontaktperson

Frau Julie Knapp-Gratz
E-Mail: julie.gratz@centre-robert-schuman.org
Web: <http://www.centre-robert-schuman.org/de>

Angebot:

Mitarbeit im Bildungszentrum
Frankreich

Einsatzstelle

Um das Erbe, welches das Robert-Schuman-Haus darstellt, zu würdigen, haben das Departement Moselle, die Gemeinde Scy-Chazelles und der Verein Robert Schuman beschlossen, ihre Ressourcen und die Sammlungen des Robert-Schuman-Museums zusammenzulegen. Das Europazentrum Robert Schuman in Scy-Chazelles (Europahaus Scy-Chazelles) wurde am 9. Mai 2000 gegründet, um das Werk von Robert Schuman bekannt zu machen sowie zur internationalen Entwicklung und Belebung von Scy-Chazelles beizutragen.

Das CERS ist eine gemeinnützige Vereinigung und verfolgt keinerlei finanzielle, politische, religiöse oder philosophische Ziele. Es wird finanziell von der Europäischen Union, vom französischen Außenministerium, vom Conseil départemental de la Moselle, der Robert Schuman Stiftung (Paris), dem Robert Schuman Verein und dem deutsch-französischen Jugendwerk etc. unterstützt.

Das Hauptziel des Zentrums ist es, das Robert-Schuman-Museum in Scy-Chazelles mit Leben zu erfüllen und den Besucherstrom zu erhöhen. Aus diesem Grund konzentriert sich der Großteil der Aktivitäten auf den Standort Scy-Chazelles.

Das Zentrum entwickelt auch Veranstaltungen, insbesondere für die breite Öffentlichkeit, und Fortbildungskurse, insbesondere für Lehrer, in anderen Städten, Regionen und Ländern Europas. Das Ziel dieser dezentralisierten Veranstaltungen ist es, einerseits zum Einfluss des Gedankens von Robert Schuman und den anderen Gründern Europas beizutragen und andererseits die Sichtbarkeit des Standorts Scy-Chazelles zu erhöhen, um ein Maximum an Besuchern anzuziehen.

Generell erweitern die Informations- und Bildungsaktivitäten des CERS das Wissen der Teilnehmer:innen. Durch die Aktivitäten und insbesondere den Besuch des Robert-Schuman-Museums über Europa (die Öffentlichkeit darf nicht auf der europäischen Vision von 1950 verharren), wird die aktive Teilnahme an der repräsentativen Demokratie oder das Erlernen der Partizipation (für die Jüngsten, einschließlich derjenigen aus benachteiligten Verhältnissen) gefördert. Die Aktivitäten des Zentrums haben alle eine europäische und interkulturelle Dimension; sie basieren auf den Werten der europäischen Integration und machen die von der Europäischen Union umgesetzte Politik für den Bürger verständlich. Alle europäischen Aktivitäten des CERS sind entsprechend der Herkunft der Teilnehmer und ihrer Sprachkenntnisse mehrsprachig.

Aufgaben der Freiwilligen

The volunteer is expected to take an active part in the everyday life of the organization, helping in all aspects of its development. The project will take place at the Centre européen Robert Schuman (CERS) in Scy-Chazelles. The main activities of the volunteer will be:

1/3 of the project:

Running educational and pedagogical activities for Europeans – children and adults: huge puzzle of the European Union, European treasure hunt, European Memory Game, European lottery... All these activities include setting up and putting away the equipment and tidying up when the activities are done.

1/3 of the project:

The development and the creation of new teaching material according to dominant topics concerning the European Union. The volunteer will have to follow news concerning the EU to create educational modules in order to increase public awareness. Work on a computer is necessary and occasionally with businesses for printing or producing games.

Promoting the organization's missions on social media,
Be an ambassador of the program (forum, fairs, exhibitions, stands, ...).

1/3 of the project:

The development of educational service activity, including finding new target audiences: public relations, relations with the local and regional press, elderly persons' associations, the houses of culture and youth, summer camps...

The volunteer can develop initiatives/projects based on her own experience as long as they correspond to the aims defined by the educational team and the host organization (=personal project).

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 11 Monate

Mitarbeit im Jugend- und Kulturhaus

299989

Einrichtung:

Maison des Jeunes et de la Culture (MJC) de la
Région d'Elbeuf

Angebot:

Mitarbeit im Jugend- und Kulturhaus
Frankreich

Anschrift der Einrichtung

9 Cr Gambetta
76500 Elbeuf
Frankreich

Kontaktperson

Frau Danaé CASTRO
E-Mail: engagement@mjc-elbeuf.fr
Web: <http://www.mjc-elbeuf.fr/>

Einsatzstelle

The Maison des Jeunes et de la Culture (MJC) is a non-profit and non-governmental organization. It aims to develop active citizenship, active participation, experimentation and playful approach of all through social and cultural actions.

It is organized into different sectors of activity :

- Solidarity: french workshops and collectives actions for migrants
- Parenting: social support and activities with parents and children
- Tutoring: homework help for children and teenagers
- Leisure centers: reception of children in 2 leisure centers on two towns of the territory
- Activities: workshops (science, nature, sustainable development, robotic, computer programming, video...) for children and activities (music, dance, plastic arts, expression...) for adults
- New technologies: access to multimedia and activities (robotic, computer programming, FabLab and 3D printers) for children, teenagers and adults
- Video: support of youth and adult groups in the framework of video projects
- Support point for non profit organizations: support, training, administrative, accounting and human resources services
- Initiatives: support for youth and adult initiatives
- International: reception and sending of young volunteers within the framework of the European Solidarity Corps, "European mobility relay", youth meetings, trainings...
- Nature and sustainable development: activities, educational garden, Repair\café with children, teenagers and adults

The activities take place in the building of the MJC but also with partners of the territory.

Aufgaben der Freiwilligen

Mitarbeit der Freiwilligen bei allen Aktivitäten des Vereins.

Unterkunft und Verpflegung

Volunteers will reside in a flat, with their own bedroom and share living spaces and kitchen. Typical home amenities like Wifi, TV, washing machine, dish washer and dryer are provided. The accommodation is located within an eight minute walk from MJC d'Elbeuf.
Verpflegungsgeld wird ausgezahlt.

Rahmenbedingungen

Europäischer Solidaritätskorps. Dauer: 10 Monate.

Einrichtung:

Praxis

Anschrift der Einrichtung

IOUSTINIANOU 19
62124 Serres
Griechenland

Kontaktperson

Frau Anna Alevra
Mobil: 0030-6944263636
Fax: 0030-23 210 58 802
E-Mail: alevra@otenet.gr
Web: <http://www.praxisgreece.org>

Angebot:

Mediart
Griechenland

Einsatzstelle

PRAXIS ist eine kulturelle Einrichtung in Serres. Sie wurde 1995 gegründet um Jugendlichen ein breites Spektrum an kulturellen Aktivitäten anzubieten und sie mit Kultur vertraut zu machen. Die Projekte von PRAXIS:

- Radio Rodon fm: Der lokale Radiosender ist ein Kultur- und Musikkanal. Jugendliche können selbst Radiosendungen machen. Das Radio macht jeden Monat eine oder mehrere Kampagnen zu unterschiedlichen sozialen Themen.
- Events: Praxis organisiert kulturelle Aktivitäten in Serres, z.B. Konzerte, Ausstellungen, Buchpräsentationen.
- Elektronische Kampagnen über das Internet und über das Lokalradio: Kampagnen gegen soziale Benachteiligung, für Umweltschutz, zum Thema Wasser usw.
- Praxis gibt das elektronische Magazin MEDIART als Blog heraus, mit den Schwerpunktthemen Kultur, Medien, Umwelt.
- Jugendarbeit: Mit Schulen werden "Internationale Tage" veranstaltet. Jugendaustausch mit europäischen und mediterranen Ländern. Im Jugendinformationszentrum können sich Jugendliche informieren.

Aufgaben der Freiwilligen

Mitarbeit beim Radio: Die Freiwilligen produzieren Radiosendungen, manchmal zusammen mit Jugendlichen aus Serres (control sound system/special program + special program+ personal broadcast + radio campaigns).

Mitarbeit im Informationszentrum: Die elektronische Zeitung MEDIART wird hauptsächlich von Freiwilligen gemacht. Die Freiwilligen schreiben über internationale Tage oder andere Themen, die sie persönlich interessieren und machen das Layout.

Mitarbeit bei der Gestaltung von Websites, Blogs und Youtube: Die Freiwilligen recherchieren zu selbstgewählten Themen, fassen die Informationen zusammen und produzieren daraus Beiträge. Diese werden auch verschickt an Bibliotheken, gemeinnützige Vereine oder Stadtverwaltungen.

Wie die Einführung in die Arbeit aussieht: Within the radio station the full time producer carries out training in fields such as spot / public message creation, mix desk managing, over all production skills i.e. collection of data, basic trouble shooting and maintenance of studio equipment as well as general training in how to create a professional radio show. A professional journalist gives training around skills involved with interviewing, creating appealing reportages and understanding photographic journalism. Finally the organisation gives training on how to set up and organise public campaigns (i.e. creation of posters, radio spots, newspaper articles).

Beschreibung der Aufgaben im Detail: The volunteer's tasks are the following:

1) Radio Station (30%). The Volunteer will gain valuable experience using Activity hours with media. Volunteer's tasks are in control sound system during the journalistic radio-broadcast on the Master Sound control. Every day the volunteer has his/her personal radio broadcast. Every volunteer creates and records a personal radio spot to promote and advertise his/her broadcast.

2) International web- campaign promoting social and human values (40%). Create developing: One international day campaign: International web- campaign promoting social and human values. For the theme of every campaign, the volunteer receives all this information some weeks earlier. When the volunteer receives all data links about "THE INTERNATIONAL DAY" he/she has to inform himself/herself about the subject and then cooperate together with the professionals in order to have a

brain-storming discussion. It is necessary to do subscription to the international organisation for the subject site, sending a message informing that praxis will participate in the promotion campaign for this.

Tasks for every campaign:

a) PRAXIS cooperates with most of the international organizations, volunteers within the frame of ESC programme, will participate in this campaign. Volunteer do inscription on the web site of this international org, writing that the PRAXIS' volunteers will take part in this campaign promoting infos, pictures, video interviews and finally all this documentation is shown on YouTube.

b) For each campaign the volunteer:

- makes a radio spot to promote a social message (taking pictures doing this)
- Radio broadcast (take pictures and videos during the radio show)
- writes a personal article on the volunteers' blog
- uploads information on the Facebook of PRAXIS (first up-load: the first infos and photos, about the "day": what is it? and why is important to exists this "day", last update how the meaning of this "day" affect personally the volunteer)
- creates posters, leaflets and flyers. (Optional, if it is possible)

And, any other ideas are welcome.

3) Youth information center (20%):

- Elaboration of questionnaires or survey campaigns
- Creation of information material
- Organization of public information events
- Dissemination of the information on the Internet and in the local media
- Constant update of the information

The Volunteer is responsible for:

- The preparation of the material of information / helping in research of information
- answering the questions of young people on the events and future campaigns
- The collection of young people's expectations and activities proposals

4) Youth cultural activities (6%). The volunteer will introduce in such activities the "spirit" of his/her culture

Thematic month: presenting their country with regard to its history, culture/society

5) Multimedia activities (4%): The volunteer will be involved in existing projects or he/she can initiate his/her own ones. Creating blogs by gathering all good practices on youth participation in Europe in cooperation with the other local NGOs

6) Cooperation with schools (5%). The activities mainly take place within the school, with the idea of creating links between schools and the Organisation. But also, many school classes are visiting the Radio station by many occasions (i.e. International Radio day, promoting their school projects).

7) "YOUTH Ambassador" of their Countries/cities, presentation with the German or English teachers in the Greek school. The activities mainly take place within the school, with the idea of creating links between schools PRAXIS & local schools. The volunteer transmits his experience of mobility and youth participation: - organization of a job orientation fair - dissemination of information - participating in and organizing debates on the European values of respect for human dignity, freedom, democracy, equality, human rights, minorities, compering the origin country of the volunteer and Greece

Unterkunft und Verpflegung

Verpflegung: Verpflegungsgeld wird ausgezahlt.

Unterkunft: Möbliertes Zimmer (Doppelzimmer) in einer Wohngemeinschaft mit anderen Freiwilligen wird zur Verfügung gestellt. Zugang zu Bad und Kochmöglichkeit.

Voraussetzungen

Aufgeschlossen sein für neue Themen und Menschen. Motiviert sein für eine Mitarbeit in verschiedenen Feldern. Bereitschaft, in Gruppen zu arbeiten. Bereitschaft, etwas Neues zu lernen und das auch zu präsentieren. Selbständigkeit, Eigeninitiative, Kreativität. Gute Englischkenntnisse. Computerkenntnisse (Microsoft Office; Konstruktion von Web-Sites, Erstellen von Filmen für Youtube). Mindestalter 18 Jahre.

MEDIART needs volunteers who actively participate, support and bring in their fresh new ideas, promoting cultural diversity to the local community of Serres.

Rahmenbedingungen

Dauer: 8 Monate. Europäisches Solidaritätskorps.

Serres ist eine Universitätsstadt im Norden Griechenlands, circa 80 km von Thessaloniki entfernt.

Einrichtung:

United Societies of Balkans (USB)

Anschrift der Einrichtung

Al. Delmouzou 8 & Agias Sofias
54635 Thessaloniki
Griechenland

Kontaktperson

Herr Aristodimos Paraschou
Tel: +30-2310215629
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<http://http://www.balkanhotspot.org/>

Angebot:

ARGO RECOVERY COOPERATIVE
Griechenland

Einsatzstelle

“ARGO” Social Enterprise was founded on the 26th of June 2018 and it is the first social cooperative enterprise in Greece aiming to support people in recovery from drug addiction.

It is frequently noted that addicts, due to their dependency, abruptly interrupt their educational progress and thus their professional career. With a low set of skills, competencies and abilities, social stigma, and minimal access to the labor market, social integration for dependent individual becomes a very difficult task. Consequently, even after completing a therapeutic program the therapeutic result, sobriety, is short lived and individuals return to a problematic lifestyle including substance abuse and delinquency.

“ARGO” Social Enterprise completes “ARGO’s Alternative Therapeutic Program for Drug Addicted Individuals” therapeutic proposal and attempts to minimize the relapse percentage of people in recovery by promoting their social inclusion through educational seminars, training and recruitment in ARGO’s Social Enterprise activities. These activities at the moment include urban agriculture, recycling, second hand shop, and a carpentry lab without excluding the possibility of adding more in the future.

By educating and recruiting people in recovery we promote a smoother reintegration to society and equal opportunities with the rest of workforce, eliminating deficiencies and empowering their talents.

Aufgaben der Freiwilligen

The participant will engage in various activities to support ARGO’s Social enterprise with a main focus on the organic farming project. The participant will help in the greenhouses and in the fields located at the premises of the hosting organisations, under the guide of the workers of the social enterprise. Tasks include collecting and packaging the products, cleaning of the space, composting and other practical tasks. Besides the organic farming, they will promote the work of the hosting organisation for the reintegration of drug addicts, both through online and offline actions. Additionally, the participant will be able to propose or support workshops and events to be held for the target groups, having the supervision of the staff of the organisation. Last, the participant will be supported by USB to develop a personal project, within or outside the hosting organisation.

Unterkunft und Verpflegung

Unterkunft: Volunteers are going to be accommodated in a fully equipped building located in the city centre (Anagnostara, 13) near the main bus and train station of the city. It is an autonomous 5 floored building of 150 m2 per floor and a terrace on the 6th floor. There are two living rooms and a big kitchen, showers in the common floors and toilets in every floor. In the building there are also accommodated the volunteers who participate in other projects in the city coordinated by our organisation. Each volunteer will share their room with one or three more people of the same gender (we have double and big quadruple rooms). In the building are living up to 35 volunteers. More info about the rules are in the residence statute. There are also single rooms for people with special needs or for interns. Wireless internet is available in the whole building.

Verpflegung: We provide our volunteers with three meals per day through a catering service that prepares the food according to their preferences and allergies (also if they are vegan or vegetarian). In this way the volunteers will have the possibility to get in contact with the Greek cuisine and culture, but at the same time on Saturdays and Sundays they can cook and enjoy their own food. In the weekly days the House Tender will prepare the breakfast. The kitchen is always available for the volunteers if they want to cook something more or add ingredients to their food.

Voraussetzungen

The project is open to any youngster between 18-30 years who is motivated to live a new experience, be flexible and outgoing.

The ideal volunteer is willing to engage and be active in society, with interest in education and working with vulnerable groups, and has ecological awareness.

The most important factor for the selection of the participants is their high motivation to join the activities planned in the project and their interest in the topic.

A good English knowledge will be a helpful element for the volunteers themselves as it will make communication easier and give them more security and self-confidence during the implementation of the activities.

Previous experience working with vulnerable groups will be considered a plus.

Last, we need volunteers to be able to live in a community with many people, taking care of themselves and participate to the cleaning.

Rahmenbedingungen

Europäischer Solidaritätskorps. Dauer: 7 Monate. Die Auswahl der Freiwilligen erfolgt im Mai.

Einrichtung:

United Societies of Balkans (USB)

Anschrift der Einrichtung

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Griechenland

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Angebot:

Balkan Hotspot - Youth Media Lab
Griechenland

Einsatzstelle

United Societies of Balkans (U.S.B.) is a non-profit, non-governmental organization based in Thessaloniki, Greece, working in the field of youth mobility, participation and promoting youth awareness of social issues. It was founded in 2008 by the initiative of a group of active young people who wanted to address the social issues which affect the youngsters in the Balkans and Eastern Europe.

The goal of the organisation is the promotion of youth mobility, youth involvement and participation, voluntarism and human rights. We make it through:

- Promoting the values of non formal learning, voluntarism, active citizenship and democracy for the creation of a better future for the European youth;
- Involving minorities and immigrants into youth activities;
- Building healthy cooperation bridges between countries in the area of the Balkans and Eastern Europe with the rest of Europe;
- Using New Media and Citizens' Journalism methodologies to encourage youth expression, to raise awareness of Human Rights and to promote intercultural dialogue;
- Utilizing arts as a tool for the cultivation and expression of youth;
- Breaking down prejudices and stereotypes among the European countries and amongst youth.

The 'Balkan Hotspot' Project has been running since 2009, with more than 180 volunteers having been hosted by our organisation. The main activities of the project are related to Web Media: blog, online magazine, radio & podcast, social media, video & photography. Through these tools, the volunteers, in cooperation with the youth of the local community will contribute to create and maintain a space of free expression and communication among young people, always within the context of the subjects, the principles and the goals of the ESC programme.

Personal project: We truly believe that for volunteers the European Volunteer Service is an opportunity to learn, to improve themselves and to discover and develop their personality and competences. For this reason we encourage our volunteers to develop a personal project besides the daily work for Balkan Hotspot project. With the support of their mentor the volunteers will develop a concrete personal plan with the objective of creating a personal project based on their own interests and goals.

Aufgaben der Freiwilligen

The activities in which the volunteer will be involved are:

- Organisation and development of documentaries.
- Organisation and development of the online magazine "Balkan Beats".
- Management of the website and its social networks.
- Organisation and participation in special events and meetings organised by the project, especially during dates dedicated to EU or Human Rights.
- Workshops organised by USB. The three workshop on Media (mandatory) plus the Creativity and Cultural Activities Coordination Workshops (optional).
- Deliver workshops for the other volunteers as well as for locals based on their skills and knowledge.
- Participation in some public events or festivals, such as the International Film Festival of Thessaloniki.

The volunteers usually work in shifts of 4 hours per day from Monday to Friday. The organisation can

ask them to work more hours or during the weekends if needed, for maximum of 35 hours per week. Every Monday there is a meeting with the coordinator to check the working plan of the previous week and schedule the working plan for the next week. Individual or group meetings will be organised with the mentor to talk about their personal project and development.

Unterkunft und Verpflegung

Unterkunft: Volunteers are going to be accommodated in a fully equipped building located in the city centre (Anagnostara, 13) near the main bus and train station of the city. It is an autonomous 5 floored building of 150 m2 per floor and a terrace on the 6th floor. There are two living rooms and a big kitchen, showers in the common floors and toilets in every floor. In the building there are also accommodated the volunteers who participate in other projects in the city coordinated by our organisation. Each volunteer will share their room with one or three more people of the same gender (we have double and big quadruple rooms). In the building are living up to 35 volunteers. More info about the rules are in the residence statute. There are also single rooms for people with special needs or for interns. Wireless internet is available in the whole building.

Verpflegung: We provide our volunteers with three meals per day through a catering service that prepares the food according to their preferences and allergies (also if they are vegan or vegetarian). In this way the volunteers will have the possibility to get in contact with the Greek cuisine and culture, but at the same time on Saturdays and Sundays they can cook and enjoy their own food. In the weekly days the House Tender will prepare the breakfast. The kitchen is always available for the volunteers if they want to cook something more or add ingredients to their food.

Voraussetzungen

The selection of the participants is mostly based on their motivation and personal interest in the topics of the project. Our ideal volunteer candidate is an open minded person willing to learn, to improve her/himself and to help other people. It is important to be ready to work in a team and to share the daily life with people from different backgrounds. It is not necessary to have a previous technical knowledge of media. Although it is not required to have a high level of English, the volunteers need to have at least a basic knowledge of the language. That is this important for their everyday communication with international and local people but also for their safety.

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 7,5 Monate. Die Auswahl der Freiwilligen erfolgt im Mai.

Einrichtung:

A Ruota Libera Onlus

Anschrift der Einrichtung

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Angebot:

Social Farm
Italien

Einsatzstelle

A Ruota Libera Onlus is a non-profit organisation working in a field of disability, based in the south of Rome. Since 2008 the organization manages a social farm which functions as a day center and targets people with intellectual disabilities and focuses on their inclusion, development of autonomy and social skills. By using big variety of non formal education methods and involving them into occupational garden and animal therapy activities the organisation creates a safe, supportive and adapting environment for the personal and inter-personal growth. Since 2015 A Ruota Libera is hosting short and long term EVS volunteers working in the field of disability, outdoor education and social work. Moreover the organization cooperates with other NGOs to host and send groups and individual youngsters with less opportunities, also the ones needing additional support, into international projects.

Aufgaben der Freiwilligen**Pet therapy**

- participate to the organization and preparation of educational activities in the farm
- support the educational staff
- take time to get in confidence with the animals
- be interested to learn how to build a relationship with the animals
- cooperate at the daily entertainment of the animals

Orthotherapy

- participate to the organization and preparation of educational activities in the farm
- support the educational staff
- be interested to learn how to use organic garden as educational tools
- cooperate at the daily entertainment of the organic garden

Autonomy courses

- participate to the ideation, planning and realization of autonomy courses
- support the educational staff
- be interested to learn educational methodologies, observe, analyse, research

Workshop and external activity

- participate to the organization of external activities (planning of the trips, analysis of needs, tools and materials)
- participate in the thematic workshop organize in the farm or outside (olive collection, artistic workshop, paper making, etc.)
- participate at the afternoon or evening activities organizing support to the farm maintenance
- help taking care of the farm, cleaning and organize didactic materials, working room

Optional

- propose a personal project in the farm (activities to be organized, tool to implement, project and idea to develop, etc.)

General

- informing of young people, youth workers and adults, participating in the external interventions of the NGO in the local area: informing local youngsters about international mobility opportunities available
- working on the promotion of the ESC-program
- supporting the management of the social media pages of the coordinating organisation and the social farm

Unterkunft und Verpflegung

The volunteer will be hosted in an appartement in Nettuno, fully equipped, shared with other volunteers.

Verpflegungsgeld wird ausgezahlt.

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 8 Monate. Projektstart im September oder später.

ESC in education and life-long learning

169254

Einrichtung:

Associazione di promozione sociale Joint

Anschrift der Einrichtung

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Angebot:

ESC in education and life-long learning
Italien

Einsatzstelle

The Italian Female's Centre (CIF) of Vicopisano is a voluntary organization which belongs to the CIF national organization with sections in 90 provinces and 500 municipalities in Italy. For over 20 years CIF Vicopisano has organized afterschool activities for young people, formal and non-formal educational activities for adults and the elderly, meetings with experts and seminars as well as socializing activities for all ages.

Currently the association is made of 19 volunteer members of which 13 are active volunteers; these last ones are in charge of the entire management of the organization and cover management and administrative roles of the various activities.

AFTERSCHOOL PROGRAM

Every weekday afternoon from 14.30 to 19.00, involving an around 22 children and young people aged 5-18. It is an open access service attended by those in need of a space for socialization and help with homework. They do their homework in an environment aiming at reinforce their abilities, autonomy in the study process, motivation to learn, self-esteem and mutual help alternating work and breaks to favour socialization and group dynamics.

SOCIALIZATION ACTIVITIES

Sunday Raffle/Tombola. Afternoons for seniors. Events (Halloween, Epiphany, Carnival, birthday parties). Alzheimer's Cafè, a project foreseeing meetings among patients with senile dementia, art therapy and workshops with family members/people who take care of patients to provide help and share experiences.

EDUCATION FOR ADULTS

Language workshops (English, Spanish, French). Italian language workshops for foreigners. Language Cafè on Saturday afternoon. Computer Literacy. Workshops on nutrition and lifestyle. Thematic meetings about the importance of sports. Training opportunities on different topics in order to promote socialization and guarantee the acquisition of useful skills.

SUMMER CAMPS

Including both recreational activities and help with homework.

Vicopisano is part of the County Council of Pisa, about 18 Km away from Pisa town; it covers a surface of 26,92 sq.Km. and its population is about 8,000. The Rural District of Vicopisano lies entirely between the river Arno, which marks all its southern border, and the 'Monte Pisano'.

Aufgaben der Freiwilligen

SEPTEMBER TO MID-JUNE

Participation in the staff meetings to settle the programme activities.

Support in the afterschool programme, open 5 afternoons per week, helping children with their homework through workshops, group work or individual work.

Support children with specific learning disabilities and linguistic difficulties.

Organization of linguistic workshop for children and young people both in group and individually.

Presence to the canteen service with the educators, children and adolescents.

Organization of games, outdoor and recreational activities before and after the afterschool programme.

Support teachers, educators and the staff members in tutoring and linguistic activities with adults and elderly people.

Support adults and elderly people during the online training courses.

Organization and management of workshops.

Participation in the monthly coordinating meetings with public stakeholders.

JUNE TO SEPTEMBER

The volunteers will be actively involved in the Summer Camps for local children through outdoor activities, games, workshops, sports, trips out of town and afterschool programme as well.

Unterkunft und Verpflegung

CIF Vicopisano will locate a flat in Vicopisano for the ESC Volunteers with three rooms, a bathroom and a kitchen. We will also provide an amount that will be sufficient to go shopping and cook at home.

Voraussetzungen

Open-minded with a positive attitude to work in an education and training programme with different kinds of people: children, teenagers, adults and elderly people.

Ready and motivated to interact with local people and live a deep cultural experience.

Patient, kind, polite, tolerant, able to listen actively and willing to work in team.

Rahmenbedingungen

Dauer: 12 Monate. Europäisches Solidaritätskorps.

Asif Chimelli, Jugendzentrum und Jugendbüro 238496

Einrichtung:

InCo, Interculturalità e Comunicazione

Anschrift der Einrichtung

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Angebot:

Asif Chimelli, Jugendzentrum und Jugendbüro
Italien

Einsatzstelle

ASIF Chimelli is a public body created by **Pergine Valsugana Municipality** on September, 1st, 2009 to manage all social services for local population from 0 to 30 years of age with pedagogical and administrative staff.

Concerning children, ASIF Chimelli manages **3 kindergartens** and **3 nursery schools**, as well as various initiatives aimed at children and families.

For the range 11- 30 the organization supervises the **municipality youth policies**, including several projects and services aimed at young people. Among these services, the most important are "**Piano Giovani di Zona di Pergine Valsugana e della Valle del Fersina (PGZ)**" and the youth center "**#Kairos Giovani**".

PGZ is a public instrument of the local autonomies aimed at promoting actions for youths aged between 11 and 35, and to raise awareness for a positive and proactive attitude to this category of citizens.

The youth center **#KAIROS GIOVANI** is a structure open to the entire community, with a specific mission aimed at youth policies. **#KAIROS Giovani** is first of all a meeting space for young people aged between 11 and 25 years, where girls and boys can meet and participate in various activities and projects with the coordination and the presence of qualified adults. The educational equipe has specific skills either in the educational management, or in creative and musical activities, sports, non-formal education and social issues.

The volunteer will work most of the time in the youth center, and s/he or she will be trained in the relationship with teenagers and will receive a specific formation concerning all the different activities.

The volunteer will also be involved in the activities of the web site "**Sportello Ti do una dritta**" the main instrument of the local youth policies which manages all the information concerning the opportunities for the young people on local, national and international level. "Ti do una dritta" main tasks are: spreading projects proposed or aimed at young people, promoting a concrete link between youth and the institutions and encouraging active citizenship.

The volunteers will be involved in the creation of the weekly newsletter, in the updating of the website and in lots of different activities of promotion. The **#Kairos Center** hosts events at the music school "Rising Power", co-working, courses, meetings, concerts, parties and cultural events: all these activities will improve with the opening of the **#Kairos Bar**, a family café located in the building which will open in the next few months.

Since 2014, InCo and ASIF Chimelli have built a partnership to host international volunteers. Both associations are convinced that the presence of international volunteers contributes in enriching youngsters' quality of life by bringing fresh energy and new ideas addressed to the users of the centre.

Aufgaben der Freiwilligen

The volunteer will be involved in the daily activities of ASIF Chimelli and in particular:
The youth center **#KAIROS**: the volunteer will be involved in the activities of the youth center for youths aged from 11 to 19 years old. The center is open from Monday to Friday from 2.30 pm to 7 pm

and the Friday evening from 8.30 pm to 10.30 pm. S/he will support educators in the management of the afternoons organizing activities and suggesting some new ones. Indeed, volunteers will be encouraged to implement some workshops based on their own skills and interests such as musical, language, manual-artistic or other type of workshops. Part of the activities of the center #Kairos is also implemented in the territory. An educator is in charge of going from places to parks in the city to encourage youths who do not normally attend the youth center to visit it. Volunteers will be encouraged to take part in this type of activities too supporting the educator in promoting the activities of the youth center.

The youth offices: volunteers will support the responsible of youth policies in the management and promotion of the annual local youth plan (Piano Giovani di Zona) and of other projects addressed to youths (target 11-30 years-old), as well as in the networking with other organizations of the territory active in the field of youth. In each case volunteers will be a testimony of what it means to be a European volunteer and will be encouraged to promote this opportunity among the youths. More specifically the ESC volunteer will support the responsible during the opening hours of the "Sportello Gioventù" which promotes youth policies at a local level, with an updated web site and a weekly newsletter, giving information about the different opportunities youths can experiment.

Volunteers will support the staff in the preparation of specific events to promote the different opportunities for youths. ASIF Chimelli is open to any proposal or suggestion made by the volunteer in regard to enriching the daily activities planned for guests. Once the volunteer has been assigned to the project, her/his activities will be planned more specifically according to the needs of the centre and to the wishes and the capacity of the volunteer.

Unterkunft und Verpflegung

You will get free accommodation for the whole duration of your voluntary service. In #Kairos' building is located an apartment with eight beds, bathroom, kitchens and all the facilities, designed to host all the national and international volunteers involved in projects with ASIF Chimelli as hosting organization. The volunteer will live in the apartment with other volunteers, in a very international environment, after signing the rules of the apartment. ASIF Chimelli will provide pillows, blankets and sheets. However, you will have to bring with you hairdryer and towels which are not provided by the receiving organization. Internet is NOT foreseen as a service the volunteer will have free access from the room.

As to food, from Monday to Friday you will eat some days within ASIF Chimelli schools and some days in the canteen of the rest home. Eating at the rest home is an opportunity for you both to stay with the other volunteers hosted in the field of another programme and an opportunity to see another structure of the territory.

As to dinners, breakfasts, and weekends, you will receive money to buy groceries and cook your own food.

Voraussetzungen

You don't need any previous experience or training in order to become a volunteer and carry on your activities in Asif Chimelli. Just be curious, open-minded and highly motivated!

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 11 Monate

Azienda Servizi Sociali di Bolzano, Seniorenheim

238499

Einrichtung:

InCo, Interculturalità e Comunicazione

Anschrift der Einrichtung

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Kontaktperson

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Angebot:

Azienda Servizi Sociali di Bolzano, Seniorenheim
Italien

Einsatzstelle

The **Azienda Servizi Sociali di Bolzano (ASSB)** is a public institution, which coordinates and manages the social services offered in Bolzano's territory. Volunteers may be involved in one of the following structures for elderlies:

Villa Armonia;
Villa Europa and "Casa di riposo Don Bosco";
Villa Serena;
Clinica Santa Maria;
Premstallerhof;
day center for elderlies in Villa Europa.

Aufgaben der Freiwilligen

Volunteers will collaborate with the staff of nursing homes mainly with recreational and entertainment activities planned for the elderly.

In particular volunteers will be involved in the following activities:
organizing recreational activities for the elderly/disabled people,
talking to them,
reading something,
participating in some excursions of one or more days,
making different kind of purchases (e.g. food, medicine for the guests),
support of the educators in the activities of assistance,
care and rehabilitation,
accompanying the elderly with walking difficulties,
participating in the evaluation meetings
and planning certain matters with the educators and social workers etc.

Please bear in mind that you will work with elderly people and that they may not be as autonomous as you could imagine. Some of them have Alzheimer or other illnesses.

Volunteers will have the opportunity to be involved in parallel activities together with other volunteers hosted in other receiving organizations coordinated by InCo. The topic of the parallel activities will change according to the project. (Making games, organising events, exhibitions, etc.)

Unterkunft und Verpflegung

You will get free accommodation for the whole duration of your voluntary service. You will live in a single room with shared bathroom, laundry facilities and a fully equipped kitchen with cooking facilities. You will share the apartment with other volunteers, never with the elderly. Indeed, if the room is inside the nursing home "Villa Serena" (close to the city center and the Talvera river), it is at the last floor totally separated from the floors where elderlies are hosted and doing activities.

During working days, you will eat your lunch in the canteen of the elderly home / disabled people centre where you work together with the staff. The other meals and during the weekends (or free days if you decide to stay in Bolzano), you have the possibility to eat in the canteen of the nursing home where you live. In any case you will receive a food allowance to cover the expenses linked to meal for dinner, holidays and weekend.

Voraussetzungen

You don't need any previous experience or training in order to become a volunteer and carry on your activities in ASSB. Just be curious, open-minded and highly motivated!

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 12 Monate

Einrichtung:

InCo, Interculturalità e Comunicazione

Anschrift der Einrichtung

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Angebot:

Comenius-Schule
Italien

Einsatzstelle

The Comprehensive School "J. A. Comenius" is composed of 3 primary schools, a middle school and a school with special teaching. Pupils are 1003, 134 teachers, secretaries 9, a computer technician and 15 school collaborators. The Institute is particularly attentive to multilingualism: since 2005 there is a Memorandum of Understanding with the Land Tirol (Austria) that provides native teachers from Innsbruck (AT) for the creation of eight classes with several subjects taught in German. Since last year, subjects are taught in German also in other 4 classes of the primary school. The Trilingualism Plan promoted by the Autonomous Province of Trento foresees an extension of the CLIL offer to the primary and middle school of the province. The majority of the students of the middle school obtained the language certificates in English and/or German (FIT2 and KET, level A2 and DSD1 – certificate of the German Ministry).

In the frame of the Twinning project between the Autonomous Province of Trenti and the Land Tirol the institute promotes the following activities:

- Language training (German and English) for teachers of Non linguistic subject of the middle school who wish to continue the path started in CLIL at the primary school
- Linguistic and methodological training for CLIL teachers (for the English and German languages) of primary and secondary schools, to strengthen their skills in multilingual teaching and to promote the inclusion of all pupils
- Methodological training in relation to ICT and innovative teaching approaches for the development of the basic and trasversal skills of students developing also their creativity.

The teachers are available to innovations and experiments, especially regarding linguistic and methodological aspects, promoting an experimental teaching methodology aimed at the development of students' competences and abilities necessary in an international educational and professional context.

The Institute "J.A: Comenius" promotes school inclusion by:

- giving value to cultural differences present in the Institute through intercultural trainings;
- offering workshops in small groups for students facing learning difficulties;
- offering workshop of "making" giving value to students' abilities and skills to avoid drop-outs and early school leaving favouring students' creativity and entrepreneurship through the participation in projects such as "Trentino Young scientist Challenge".

Aufgaben der Freiwilligen**I) Middle school**

- a) Organization of specific events such as Christmas Party or the End of Year Party
- b) Support for computer workshops
- c) Activities with the students inside the optional units such as chess tournaments
- d) Participation in art workshops as well as in carpentry, music, tailoring, cooking workshops
- e) Participation in planning meetings with teachers

II) Primary school

- a) support in the organization of special events such as: Festival of trees, spring games, Christmas party
- b) support in the organization of activities between the bilingual classes of the Institute and their twinned classes
- c) support for pupils with special educational needs or for students with disabilities.
- d) support in the performance of duties during the optional afternoons
- e) implementation of recreational activities in the afternoon and the optional Giocastudiamo.
- f) Participation in meetings with class representatives

The two volunteers will participate in:

- > Different tours: visits to museums, monuments and cities
- > Realization of cultural and linguistic workshops
- > participate in the lessons of English and German and interact in one of two languages to show the importance for students to learn a foreign language.
- > involvement in coordination activities to promote continuity between kindergarten and primary school and between primary school and secondary school
- > Communication and promotion activities: update the website of the school, prepare flyers for specific events
- > An Italian language course
- > participation in the InCo monitoring meetings

Unterkunft und Verpflegung

The volunteer will live in a flat with other volunteers, sharing a double room with another volunteer of the same gender. The flat is situated close to the city center, in a nice area next to the river. It has a spacious kitchen, a common area, two bathrooms and all necessary facilities.

As for the food, the volunteers will go to lunch at the school canteen and will receive an allowance for the evening, weekends and holidays.

Voraussetzungen

You don't need any previous experience or training in order to become a volunteer and carry on your activities.

The main criteria for selection are your motivation, interest to take part in the activities proposed, flexibility and open mind, tolerance and non-discriminative attitude. Die Freiwilligen sollten einfach Lust haben mit den Kindern/ Jugendlichen zu arbeiten. Sie sollten keine Angst davor haben, vor einer Klasse zu stehen.

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 10 Monate

VKE - Spielbus, Spielhaus und Sommercamp

238498

Einrichtung:

InCo, Interculturalità e Comunicazione

Anschrift der Einrichtung

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Angebot:

VKE - Spielbus, Spielhaus und Sommercamp
Italien

Einsatzstelle

VKE is an association of volunteers, founded in Bolzano in 1974 by a group of parents, who wanted to dedicate themselves to emphasizing children's and young people's right to play and creating playing areas for them, but also to the improvement of children's life quality, as well as that of the youth and their families in general. The main activities of VKE are:

- "Spielbus/Ludobus" a small bus with several games to visit the different communities of the Province of Bolzano offering children the opportunity to play and learn together.
- "SpielHaus/CasaGioco" is a small house for the promotion of the free time where children can find different games.
- "Estate Ragazzi VKE" are summer camps for children aged between 3 and 14 years.

Aufgaben der Freiwilligen

participation in the organization and implementation of games in the frame of the "Spielbus/Ludobus" and of the game centers ("Spielhaus/Centri Giochi");
support in the organization and development of summer centers;
organization and realization of workshops about their own country or about Europe;
organization of intercultural activities together with the other volunteers;
raising awareness about the youths' right to play;
participation in the team-meetings and in the monthly supervision with the other volunteers;
promotion of new activities and projects connected with the voluntary service, for example presentation of the EVS to young people of the territory.

Unterkunft und Verpflegung

You will get free accommodation for the whole duration of your voluntary service. You will live in a single room in a shared flat, with laundry facilities and a fully equipped kitchen with cooking facilities. You will share the apartment with other volunteers.
You will get a food allowance to cover your food expenditures.

Voraussetzungen

You don't need any previous experience or training in order to become a volunteer and carry on your activities in VKE. Just be curious, open-minded and highly motivated!

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 12 Monate.

Einrichtung:

Stichting BioArt Laboratories

Anschrift der Einrichtung

Oirschotsedijk 14-10
5651 GC Eindhoven
Niederlande

Kontaktperson

Wing Tai Cheng
Tel: 0031 6 1413 7395
E-Mail: wingtai.cheng@bioartlab.com
Web: <http://www.bioartlab.com>

Angebot:

BioArt Village
Niederlande

Einsatzstelle

BioArt Laboratories is an international orientated non-profit foundation focused on the Bio Arts. We specialise in the development of social and artistic projects that orientate on sustainability, innovation and the environment. Key to this is the understanding the symbiotic point of view between human ecological habitat and ecosystems. We explore the boundaries between nature, science and art/culture with a hands-on approach and linking the old with the new, as this combination leads to new insights and surprising results.

All of this takes place in the green heart of Eindhoven City in the Netherlands, where we are developing the project 'BioArt Village'. The project takes place on an off-grid WW2 bunker-complex that looks like rural farmhouses and BioArt Laboratories is giving these old buildings a new purpose: to become an inspiring place where people can actively work on societal challenges or concepts that encompass sustainable development and practices. The location showcases projects where these practices come into fruition, such as our Living Fence that combines agroforestry, chickens and protection into one system. Through the ESC - program we offer young volunteers to participate in our BioArt Village project and make it grow together! More information:
<http://youth.europa.eu/volunteering/organisation/77424>

Aufgaben der Freiwilligen

The main activity is to assist us in developing BioArt Village. As such, our activities and projects are quite diverse with ample opportunity for skill/competencies development: you can learn how to take daily care of animals; learn more about self-sustainable practices and concepts while working hands-on with our outdoor DIY projects; take care of the forest terrain and learn from nature; and bring new life to old cultural-historical buildings through woodworking, renovation and so on. During your stay you'll interact daily with our colleagues to develop your English language and we will count on your personal experience and contribution.

We are looking for volunteers who have interest in the various subjects of the project such as sustainability, system changes for a circular economy and nature. Someone who loves to do practical work outside and inside while eager to explore new possibilities with a go-getter mentality and proactive attitude. The volunteer wants to make a meaningful contribution to society and thereby endorse core values such as solidarity, cooperation and mutual understanding and respect. For this year, we are undertaking activities that will involve woodworking, animal care, maintaining the forest and helping us with restoring an old cultural historical complex.

Unterkunft und Verpflegung

Accommodation - all the volunteers will be hosted in BioArt Village, which is 15 minutes cycling to the city centre of Eindhoven or to the local marketplace. The place is off-grid, so people have to approach this with that mindset. Bathroom, the kitchen and eating area are common areas.
You will receive food money along with pocket money.

Voraussetzungen

BioArt Laboratories is looking for people with the basic of the following characteristics: Self-motivation. Has a positive attitude. A self-taught volunteer. Be honest. Able to take responsibility. Not afraid to ask for help. Passionate about volunteering. In general: Has a professional attitude. Not be wasteful. You do not have problems or allergies with animals. You are motivated, open-minded and pro-active. You are aware that you will step out of your comfort zone and are willing to do it. You must respect the rules, structure and practice of the hosting organisation.

Rahmenbedingungen

Europäisches Solidaritätskorps. Dauer: 6 bis 8 Monate.

Einrichtung:

Vulkanschule

Anschrift der Einrichtung

Wetzelsdorf 160A
A-8330 Feldbach
Österreich

Kontaktperson**LOGO Jugendmanagement**

Frau Jurate Kudarauskaite
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E-Mail: jurate.kudarauskaite@logo.at
Web: <https://www.logo.at/logo-eu/unser-service>
Web: <http://vulkanschule.at>

Angebot:

Vulkanschule Auerbach
Österreich

Einsatzstelle

In die Schule gehen Kinder der 1. bis zur 6. Schulstufe (Volksschule, Mittelschule), wobei jeweils die Kinder der 1. und 2. Stufe der 3. und 4. und der 5. und 6. Stufe eine Klasse gemeinsam besuchen.

In der Vulkanschule wird auf Basis reformpädagogischer Grundsätze gearbeitet. Im Zentrum steht dabei die „Pädagogik vom Kinde aus“, die Maria Montessori vor über 100 Jahren entwickelte und die heute so aktuell wie zu Beginn ist.

Aufgaben der Freiwilligen

A volunteer will take part in daily school routine. He or she will support the teachers and pupils. In our school we have got 4 groups (P1, P2, P3, Sekundaria). The pupils are from 6 until 14 years old.

Concretely, a volunteer will support the teachers and pupils in easy tasks. Also, the volunteer should help the teachers preparing materials for the lessons. The volunteer should also support in some administrative tasks (support of the headmistress). One more task is helping to keep the school clean and tidy.

A volunteer at our school can and will be involved in all activities that have to do with school. She or he will also accompany us on our regularly based excursions. As a school we try to spend a lot of time outside of the classroom, fulfilling our pedagogical goals in combination with experiences and adventures in nature as well as in the cultural surroundings of our school.

What we can offer to volunteers in terms of learning opportunities:

She or he will learn a lot from the pedagogical point of view: She or he will learn about alternative ways of education and teaching. Our volunteer will learn a lot about Monteesori, Jenaplan and other alternative ways of pedagogics.

Rahmenbedingungen

Dauer: 10 Monate. Europäisches Solidaritätskorps.

Einrichtung:

Stowarzyszenie Wzajemnej Pomocy Bona Fides

Anschrift der Einrichtung

ul. Warszawska 19
40-009 Katowice
Polen

Kontaktperson

Frau Mariachiara Barra
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Angebot:

ESC in Katowice
Polen

Einsatzstelle

The Bona Fides Association was founded in 2003 in Katowice. Association is an independent, non-profit and politically in-involved non-government organisation. In the beginning of its activity Bona Fides was realising aid, educational and cultural ventures, aiming in children and young people development in all areas. In 2004 Association joined forces with the Katowice Civil Group (KGO), which was aiming in education in the human rights area focusing on civil rights, increasing of the public information access, public spending control and counteracting for corruption in public institutions. After several years of working on such different projects members of the association decided to focus their efforts on watchdog activities. Since 2008 the association is mainly focused on its watchdog activity plus it works as an organisation which is sending volunteers abroad and since 2009 we are hosting volunteers from different countries as well. Most projects of the association are realised in Katowice, where actions aiming to increase the quality and transparency of the local public life are taking place; also development and reinforcement of the civil participation in taking important decisions regarding the city. The association realises also national projects mainly focused on increasing of the public information access and public information bulletins.

Aufgaben der Freiwilligen

Katowice Community Building and Organizing

- building a network of foreigners in Katowice, involve them in volunteers actions, such as participating in events organized by Bona Fides, but also, for example, local clean-ups.
- Organization of meetings with local groups to discuss issues, improvements that may be done in their neighbourhoods, ideas of events and others, set clear short-term and long-term goals with the group.
- Identification of relevant issues concerning vulnerable groups (seniors, minorities, people with disabilities, etc).
- Research on local, regional, national NGOs working for local people, including foreigners, to build new partnership and cooperation and explore further possibilities of intervention.
- Organization of local campaigns to take collective actions involving locals to encourage active engagement and local sensitization (cleaning actions, workshops for competencies exchange, etc).
- Organization of the “Cultural Year” of Katowice: the volunteers will launch the idea of the dedicating one week a month or every two months to a different culture, and organize the cultural week (with national food, games, dances, events hold in Bona Fides and/or in the market square, if possible) to raise awareness on the variety of cultures in the city and create room for each of them to express their beauty and peculiarities.
- Organization of language exchanges in the city, to give the possibility to those willing to learn to meet and dedicate their time to learn a new language (organization of groups to meet and talk andor tandem).
- Organization of language lessons at the office, for local communities for the inclusion of foreign minorities.

Healthification and Beautification of Katowice

Speaking of healthy, clean and eco-friendly cities in Europe, Katowice is trying to improve. However, topics related to the protection and preservation haven't developed sufficient responsible behavior nor environmental friendly approaches. In this negative scenario, we hope to start bringing up change to sensitize people on the need for personal and community action.

The tasks in which our volunteers will be involved are:

- Cleaning initiatives in public spaces and building up groups of local people that may be active for the environmental benefit of the community. Among these initiatives, we aim to implement trash and litter

collection, beautification initiatives (cleaning up of parks, streets, squares), and forest cleanups. Our participants will recruit local volunteers, promote the initiative, lead the teams of interested local people, divide the tasks, collect ideas, set up the calendar of the activities, take pictures and post on social networks.

- Organization of workshops in local schools and libraries for kids, students, seniors and in general local people about different topics such as healthy diets and foods, home planting and gardening, consequences of pollution, recycling, climate change and affection, environmental practices, harmless tourism, alternative energy resources and energy saving, etc.
- Research places offering healthy food, vegetarian and vegan products, and healthy options on the menus.
- Organize sport and game events at local level (such as marathons, treasure hunts, city game...) to spread good sport practices and as a visibility tool to attract people's attention on environmental issues and healthier lifestyles.
- Organize "healthy excursions" with and for local people to explore the green places of the Silesian region and contribute integrating people of all ages and provenience. This is a combined activity with the running of our Ability Route website.

Sensorial Inclusive City Campaign

The idea of this activity derives from our inclusive approach to fight all barriers that are still present in Katowice and in Silesia. The base of this idea was born from the need for intervention identified during a long process of research and action that, in 2017-2019, led us to monitor the implementation of the UN Convention on the Rights of Persons with Disabilities in 54 public administration units in our region and to the implementation of the "Silesian Voivodeship friendly to people with sensory disabilities" in 2019-2021, consisting in a series of training courses for local authorities and officers together with the monitoring of buildings and public spaces in 36 provinces and cities.

The tasks in which our volunteers will be involved are:

- Organize inclusive events involving people with fewer opportunities and local people not facing barriers, to foster inclusion and mutual understanding (chess tournament, theater improvisation, music concerts, karaoke, etc.).
- Assistance to the informal group of people with sensorial disabilities in their participation in social events: the group of people with which Bona Fides cooperates wants to be active in trips, excursions, events, parties. Unfortunately some of them are not fully independent, even with all tools they have at their disposal. They need someone assisting them, therefore Bona Fides' members accompany them in their initiatives and we would like our volunteers to join us and the group and learn how to assist them in their needs and enjoy their company and time spent together.
- Organize "talent shows" and workshops to gather people of any social condition and facing different kinds of barriers to share the talents they have. This task is based on the belief that every person, no matter which barrier she may face, has skills, talents, passions that she may want to share with other people. The message we want to share is an encouraging message for all those people facing daily barriers in their life. We want them not to give up, stay positive and focus on the things they can do, not on the ones they can't. We work to enable them to "be able to be able".
- Organize a photo exhibition about the concept of "barriers", "obstacles", "accessibility" and "inaccessibility" to sensitize people commonly not facing any problem in the city about all the difficulties we generally don't see, but that are huge obstacles for our people with fewer opportunities. The concept of barrier is different for every person: a place that is accessible to a person with motor disability isn't necessarily accessible to a person with motor or mental disability. We need people to understand that every disability implies a certain kind of barrier and a specific need for accessibility.
- Organize one simulation of sensory and motor barriers to sensitize people about the kind of obstacles people with disabilities face daily in the city (mobility, sound, visual obstacles).
- Cooperation and support to local institutions dealing with children and adolescents with mental and physical disabilities and coming from difficult social and economic backgrounds. Our volunteers will support these children in some of their activities and English homework and organize little parties/national days for them as well as presentations and workshops at schools.
- Provide English and other language lessons for people with fewer opportunities (seniors, people with physical disabilities).
- Further developing our interactive digital map concept for people with sensory and motor disabilities.

Unterkunft und Verpflegung

Volunteers live in 2 four-bedroom apartments close to the city center. Each volunteer has their own bedroom and shares kitchen, bathrooms and common areas. The costs of accommodation, rent, bills, internet are covered by the organisation. Volunteers open Polish bank accounts and receive monthly transfers of food allowance and pocket money. Volunteers have a free Polish language course, travel card and insurance.

Voraussetzungen

Open, motivated, solution oriented, team player, sharing European values

Rahmenbedingungen

Europäischer Solidaritätskorps. Dauer: 12 Monate. Weitere Plätze im ESK, die im Januar oder Februar des kommenden Jahres beginnen.

Centro Ocupacional El Renaixer, Werkstatt für Menschen mit Behinderung

299682

Einrichtung:

Asociación ÁGORA CULTURAL

Anschrift der Einrichtung

Calle Carretera 17
46317 Villargordo del Cabriel
Spanien

Kontaktperson

Frau Lili Kuseni
Tel Privat: +34 639 636 185
E-Mail: agoracultural@gmail.com

Angebot:

Centro Ocupacional El Renaixer, Werkstatt für Menschen mit Behinderung
Spanien

Einsatzstelle

INTRODUCTION

EL RENAIXER, COOPERATIVA VALENCIANA is a non-profit associated labor cooperative created in 1984 whose mission is to improve the quality of life of the 36 people with Intellectual Disabilities it serves, and their families. EL RENAIXER provides a comprehensive care for people with Intellectual Disability based on three pillars:

1. THERAPY AND JOB TRAINING: oriented to enabling and improve job skills of people attended for the sake of a possible integration in the standard, or protected labor market.
- 2 PERSONAL SETTING: working self-concept and self-assertion of oneself, improve the levels of autonomy and self-determination of individuals, focusing on the physical and emotional wellbeing of the same.
3. SOCIAL SETTING: foster social inclusion of people with disabilities, and protection of their rights and obligations as citizens of the community in which they reside.

Since 2000, EL RENAIXER, has counted with volunteers and trainees, they contribute their views, experience and enthusiasm to the organization. We understand that contact with young European volunteers becomes a great opportunity for the individuals we serve and the professionals themselves, of understanding that there are other cultures and other realities beyond their immediate geographic environment, so this interaction will allow us to work interpersonal relationships and responsibility from other prisms. EL RENAIXER relies on 1 director, 1 psychologist, 5 occupational monitors, two of which are partially retired (85% and 75%), and 1 occupational assistant. It also features, throughout the year, with two trainees, 2 national volunteers and several volunteers during the outings of several days. The entire staff has the qualifications and experience needed to perform their functions and additional training to work with people with Intellectual Disabilities.

ACTIVITIES

The activities undertaken by the CO EL RENAIXER revolve around 4 axes:

- Occupational Therapy Service
- Personal and Social Adjustment
- Adapted Sports and Leisure activities
- Art & Creative Services

PROGRAMS DEVELOPED

- Personal cleanliness
- Functional Academic Skills: literacy, use of the euro, etc...
- Body expression and performing arts
- Social Skills
- Multi-sensory Stimulation and Cognitive Stimulation

- Communication
- Music Therapy and Relaxation
- Miscellaneous Sports: athletics, football, hiking, swimming pool, etc...
- Health and Sexual awareness

COMPLEMENTARY SERVICES

- Dining room
- Physiotherapy care
- Psychological attention

SCHEDULE

Winter timetable (from October to May) Monday to Thursday from 9:00 am to 5:00 pm Friday from 9:00 am to 2:00 pm

Summer timetable (from June to September) Monday to Friday from 9:00 am to 3:00 pm

Break from 11:00 am to 11:30 am

Break and lunch times will take place within the Centre, always with a free time slot. Lunch meals will NOT be provided by the Centre, so the volunteer will have to bring their own food at the Centre that can be heated within the facilities. Saturday and Sunday off. The centre closes for holidays during the entire month of August. Holidays are already settled by CO EL RENAÍXER and will be shared before upon arrival.

Aufgaben der Freiwilligen

The role as volunteer in the project is to assist the professional staff in the daily routine. This will involve carrying out all the activities that have been developed during the weekly schedule, in any area with the daily schedule of El Renaixer. The volunteer supports the professional staff in occupational, leisure, sports and daily life activities with groups of people with functional diversity. The support of the volunteer may include accompaniment of users in outdoor activities (especially those with greater needs). The volunteer will work in both, the preparation of activities and the care of users with intellectual disability.

The volunteer will support and participate in the following activities:

- * Workshop on job/occupational skills
- * Workshop on activities of daily living: shopping, help with the dining room and kitchen service, personal hygiene, money management, etc.
- * Miscellaneous sports: football, petanque, birlas, hiking, swimming as well as support if needed for the clothing. Never the volunteer will be asked for hygiene tasks (personal cleaning)
- * Social skills workshop and workshop on cognitive stimulation together with the psychologist
- * Playful-creative workshops: cooking, theater, dance, ICTs, craft, board games, etc.
- * Leisure and cultural outings: at least once a month an outing to community spaces for cultural purposes (museums, expositions, shows, ...) and/or recreational (parks, natural areas, tc.) is performed. Also participation in various fairs and local markets are organized.
- * Travel: three annual trips are scheduled: snow sports outing; summer outing, hiking outing. The board will decide about the participation.
- * Physiotherapy sessions: individualized and groups programs depending on the needs: stationary bike, elliptical bike and mobility exercises. reports and activity plans, together with the professionals.

Unterkunft und Verpflegung

The volunteer will live in an appartement shared with 3 other volunteers. Each volunteer lives in a single room.

Essensgeld wird ausgezahlt.

Voraussetzungen

The most important skills that the center needs from the volunteers are:

- * to have a pro-active attitude, to be highly motivated, participative and communicative
- * to have initiative
- * be very helpful in daily activities.

Every day the volunteer is surrounded by the users, helping them, accompanying them. Sharing little moments with them is extremely important for the functioning of the activities.

Rahmenbedingungen

Europäischer Solidaritätskorps. Dauer: 6,5 bis 8,5 Monate.

Centro Ocupacional MARÍA RAFOLS, Werkstatt für Menschen mit Behinderung

299988

Einrichtung:

Asociación ÁGORA CULTURAL

Anschrift der Einrichtung

Calle Carretera 17
46317 Villargordo del Cabriel
Spanien

Kontaktperson

Frau Lili Kuseni
Tel Privat: +34 639 636 185
E-Mail: agoracultural@gmail.com

Angebot:

Centro Ocupacional MARÍA RAFOLS, Werkstatt für Menschen mit Behinderung
Spanien

Einsatzstelle

INTRODUCTION

The CENTRO OCUPACIONAL MARÍA RAFOLS (henceforth CO MARÍA RAFOLS) is a Municipal Centre that cares for Adults with Intellectual Functional Diversity. Municipally owned and managed, it is financially financed by the Ministry of Social Welfare as well as by the Municipality of Utiel. It has a maximum of 40 open places, although it currently serves 37 users with different support needs. The CO MARÍA RAFOLS, with a primarily therapeutic approach, aims to achieve maximum social and labour integration, within the personal possibilities of the users, through socialisation activities, pre-employment occupational activities, job training, training on autonomy habits, therapy and rehabilitation, leisure, sports and free time, as well as complementary transport and dining services. In this framework, the CO MARÍA RAFOLS is an indispensable tool for achieving the full integration of people with functional diversity in society.

The CO MARÍA RAFOLS has a qualified professional staff with work experience in the sector over several years, made up of the following figures to carry out the objectives, depending on the established ratio: 1 psychologist/director, 4 occupational monitors, 1 occupational assistant, 1 physical therapist, 1 person for the transportation service, 1 person for cleaning service.

ACTIVITIES

The CO MARÍA RAFOLS works on different programs structured into 3 areas:

- Occupational training area It is about promoting therapeutic occupation with the aim of facilitating labour integration.
- Autonomy and personal adjustment area It is about promoting personal autonomy, self-esteem and emotional balance.
- Assistance and training in personal and social autonomy area It is about facilitating social inclusion, promoting participation in the community and learning coexistence skills.

Programs developed:

- Personal cleanliness
- Functional Academic Skills: literacy, use of the euro, etc...
- Body expression and performing arts
- Social Skills
- Multi-sensory Stimulation and Cognitive Stimulation
- Communication
- Music Therapy and Relaxation
- Miscellaneous Sports: athletics, football, hiking, ski, swimming pool, etc...
- Health and Sexual awareness

COMPLEMENTARY SERVICES

- Dining room

- Adapted transport
- Physiotherapy care
- Psychological attention

SCHEDULE

Winter timetable (from October to half June): 3 days a week from 8:45 to 15:00 + 2 days a week from 8:45 to 17:30.

Break from 11:00 to 11:30.

Lunch time from 13:30 to 14:00.

Free time from 15:00 to 15:30.

Summer timetable (from half June to September) Monday to Friday from 8:45 to 14:00.

Break from 11:00 am to 11:30.

Lunch time from 13:30 to 14:00.

Saturday and Sunday FREE Schedule may vary depending on the weekly Spanish classes. Break and lunch times will take place within the Centre, always with a free time slot. Lunch meals will NOT be provided by the Centre, so the volunteer will have to bring their own food at the Centre that can be heated within the facilities. Holidays are already settled by CO MARÍA RAFOLS and will be shared before upon arrival. The Centre closes for holidays (Christmas, Easter) and any festivities from the Spanish Calendar. It will be taken as the vacational period of the volunteer.

Aufgaben der Freiwilligen

The role as volunteer in the project is to assist the professional staff in the daily routine. This will involve carrying out all the activities that have been developed during the weekly schedule, in any area with the daily schedule of CO Maria Rafols. The volunteer supports the professional staff in occupational, leisure, sports and daily life activities with groups of people with functional diversity. The support of the volunteer may include accompaniment of users in outdoor activities (especially those with greater needs). The volunteer will work in both, the preparation of activities and the care of users with intellectual disability.

The volunteer will undertake support tasks focused on 4 areas.

1. Occupational training area. It is about promoting therapeutic occupation with the aim of facilitating labour integration with own production workshops. The workshops are: recycling paper workshops, personalised gifts workshops, manufacturing workshops for several Valencian companies.

2. Autonomy and personal adjustment area: It is about personal autonomy, self-esteem and emotional balance.

* Functional academic skills: literacy, use of the euro, etc.

* Personal cleanliness

* Body expression and performing arts

* Social skills

* Multi-sensory

* Cognitive stimulation

* Communication

* Physiotherapy, music therapy and relaxation

* Health and sexual awareness

3. Assistance and training in personal and social autonomy area: It is about facilitating social inclusion, promoting participation in the community and learning coexistence skills.

* Miscellaneous sports: athletics, football, hiking, ski, swimming pool, etc.

* Participation in sports leagues

* Participation in artistic activities

* Participation in leisure activities, outings, event or trip that may arise

* Participation in local events such as fairs or book fairs, solidarity party, occasional stall in markets, etc.

4. Assistance during lunch time: The volunteer will assist the professionals in the supervision and providing necessary support to carry out the tasks of caring for users with greater needs (peeling, cutting, feeding), setting guidelines at meal times and supervising basic hygiene habits (washing hands and teeth).

Unterkunft und Verpflegung

The volunteer will live in an appartement shared with 3 other volunteers. Each volunteer lives in a single room.

Essensgeld wird ausgezahlt.

Voraussetzungen

The most important skills that the center needs from the volunteers are:

* to have a pro-active attitude, to be highly motivated, participative and communicative

* to have initiative

* be very helpful in daily activities.

Every day the volunteer is surrounded by the users, helping them, accompanying them. Sharing little moments with them is extremely important for the functioning of the activities.

Rahmenbedingungen

Europäischer Solidaritätskorps. Dauer: 6,5 bis 8,5 Monate.

Einrichtung:

Xeracion ValenciaSpanien

Kontaktperson

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Web: <http://xeracionvalencia.org/>**Angebot:**ASMISAF: Support for people with disabilities
Spanien**Einsatzstelle**

Koordinierend Organisation:

XERACION VALENCIA is a non-profit youth cultural association created in Gandia (Valencia, Spain) in 2014 by an enthusiastic group of people who decided to leave their regular jobs and try to enjoy their day by day while doing something enriching and meaningful for their local communities. It's an active member of the Council of Youth of Gandia.

Far from improving, the environmental situation nowadays is becoming worse day by day reaching a point of "no return" that would be terrible for our Nature and Planet. We believe that our best way to try changing this is taking action and raising awareness amongst the population, especially youth who will suffer the most the consequences of our current actions. That is the reason why this project focuses on action-awareness and environmental activism, and aims to show that the garbage we produce in our daily life can not only be reduced, but can also be reused, thus generating new economy and possible business especially for people with fewer opportunities and /or social problems. We also want to empower youth developing their ideas and transforming them into real projects.

Einsatzstelle:

We are an association of parents of people with intellectual functional diversity, declared of Public Utility by the Ministry of the Interior, which was created more than 50 years ago in the region of La Safor. It is directed by a Board of Directors in parents' assembly and we work so that people with functional diversity and their families have a dignified life and can enjoy a proct for the future.

We have 2 main residences, one in Potries and another in Gandia. There are 115 people working in our centers. In the residence of Gandia there are a total of 20 users while 44 users are in Potries. Rehabilitation activities are carried out (physiotherapy room, rehabilitation pool, stimulation room and personal autonomy), with appropriate staff, physiotherapists, educators and psychologists.

In the occupational center, therapies are carried out with subcontracted jobs handmade wool carpets, pottery workshop, hand-painted fans, bead workshop (such as bracelets, pendants, etc.) and details for gifts and printing (such as mugs, T-shirts, Christmas baskets). We also have theatre workshops and a theatre show that our users create during the year.

We also have programs for initial professional qualification, gardening, cleaning, cooking. Training and job placement workshops and comprehensive employment plans, as well as a special employment center ECONATURA SAFOR S.L., where 70% of the employees are people with intellectual functional diversity.

Group activities are carried out on Friday and Saturday afternoons to give walks and snacks to our users of the center or even to people who do not belong to it but are associated to the entity to be able to have this service. Short-term activities out of the center are carried out, in which a group of users with monitors go to a hostel from Friday to Sunday with activities both within the facilities of the hostel and outside it, visiting tourist areas of the town.

At Asmisaf we work so that the intellectually disabled and their families have a dignified life and can enjoy a project for the future. We offer:

> RESIDENCE AND DAY CENTRE

> Rehabilitation activities (physiotherapy room, rehabilitation pool, sensory stimulation room) and personal autonomy, with appropriate staff, physiotherapists, educators, psychologists...

> OCCUPATIONAL CENTRE with initial professional qualification programs.

> LEISURE with summer camps, weekend outings, family breaks, trips.

- > THERAPEUTIC GROUPS for parents
- > Self-advocacy groups

Aufgaben der Freiwilligen

There will be a very wide range of possible activities available for the volunteers, with a maximum of 35 hours per week and being able to help and give support in tasks such as:

Excursions to the different porrats of the villages of the Safor: They are usually at weekends, when they do not have a day centre or activity centre. We go to the Porrat where we visit the craft market, go on the fairground rides and have a snack or refreshment.

Cinema visits: we arrange a visit to the cinema to confirm and reserve the seats we need, we buy popcorn and soft drinks and we enjoy the film we have chosen together. When the film is over, we take a walk around the shopping centre.

Trips for walks and snacks: We usually have many activities out of this type as we all like to get out of the house and socialise with the rest of society either walking or just sitting on a terrace having a drink and watching other people go by. We usually choose a different town and sometimes there are towns where they used to live with their relatives and where there are still people they know and can see when they pass by.

Cooking/handicraft workshops: a group of residents, together with an assistant, go shopping for what is needed to carry out the programmed activity, cooking or any other type of handicraft.

Relaxing baths with salts, essences and massages: at appropriate times and for those users who like and enjoy this activity, relaxing baths with essences and special soaps for residents in which they can relax and enjoy at a prudent time of disconnection and the pleasant scent of the essences.

Weekend walks on the beach: At weekends and when the weather is good (especially in winter) we go for walks on the beach in groups. Sometimes along the promenade or along the shore, depending on the season.

Organising Christmas, Easter, Valentine's Day, Fallas, Carnival, Peace Day: We love to celebrate all the holidays with our friends and monitors, like putting up the Christmas decorations, Valentine's Day, choosing our costume and dressing up.

Decorating the organisation's premises in Potries: To be able to organise a good party or celebration, it is necessary to have a good decoration and we are very good at decorating with things bought and made handicrafts by reusing materials.

Water activities (in summer): As we have a swimming pool in the center, we like to go swimming in the summer and organise activities of free choice and rhythm as aqua-gym.

Watching films with popcorn and/or snacks: We have multipurpose rooms where we have a projector where we can show films or do karaoke and others dance or vice versa.

Sensory and musical stimulation sessions: Different materials are used to carry out stimulation sessions so that our users who are unable to do other types of activities can do and discover through touch or sound a variety of manipulative or auditory objects.

Assemblies: our users give their opinion on what activities they want to do, where they want to go for a drink, a walk or other activities of their choice.

Unterkunft und Verpflegung

Unterkunft: The accommodation will be in private rooms in a shared apartment situated in Gandia (together with other ESC volunteers from other project) and all the expenses in the house will be paid by the organisation (electricity, internet, water, gas). Each volunteer will receive a SIM card for their telephone and a bicycle to move around locally.

Verpflegung: Essensgeld wird ausgezahlt.

Voraussetzungen

Spanischkenntnisse (mindestens B1).

We are looking for highly motivated volunteers. With a very positive attitude and initiative, adaptable to change, with problem-solving capacity and able to work both independently and as a team member.

The ideal candidates should have some experience, studies or a major interest in:

- Social Education and integration, Psychology, Sociology, Anthropology or similar.
- Audio-visuals, Web management, Social media or any related topics.
- Working/volunteering with people with intellectual functional diversity.

This is a challenging project with people with intellectual functional diversity. Background of these people might be delicate with difficult life situations that provokes that their behaviour might tends to be verbally aggressive/complicated. It's very demanding but also extremely enriching and satisfying for volunteers. Please take this into consideration before applying for this project.

Rahmenbedingungen

Europäischer Solidaritätskorps. Dauer: 12 Monate.

Einrichtung:

Xeracion ValenciaSpanien

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Angebot:

Environmental Issues

Spanien

Einsatzstelle

XERACION VALENCIA is a non-profit youth cultural association created in Gandia (Valencia, Spain) in 2014 by an enthusiastic group of people who decided to leave their regular jobs and try to enjoy their day by day while doing something enriching and meaningful for their local communities. It's an active member of the Council of Youth of Gandia.

Far from improving, the environmental situation nowadays is becoming worse day by day reaching a point of "no return" that would be terrible for our Nature and Planet. We believe that our best way to try changing this is taking action and raising awareness amongst the population, especially youth who will suffer the most the consequences of our current actions. That is the reason why this project focuses on action-awareness and environmental activism, and aims to show that the garbage we produce in our daily life can not only be reduced, but can also be reused, thus generating new economy and possible business especially for people with fewer opportunities and /or social problems. We also want to empower youth developing their ideas and transforming them into real projects.

PRECIOUS PLASTIC: it's an environmental Global project aiming to make people more aware of the amount of plastic waste generated nowadays, and to show how can be shredded and transformed into new useful/common objects. Back in 2017 we started building the machines in Gandia (capital city of the region "La Safor") and we called it "Plàstic Preciós La Safor" (in Valencian language). It took us some time but finally we managed to finish the 4 machines in April 2019 and they are perfectly working:

> Shredder: to shred plastic waste into plastic flakes, we have now 2 of them.

> Extrusion: to create new plastic wire and other objects. We also have 2 of them.

> Slow moulding and injection: to produce any plastic product from a mould. We got 2 injection machines and one moulding.

Now we also have a press sheet to create plastic sheets up to 2 cm and a CNC machine to create any shape we want from those plastic sheets. We are doing workshops and exhibitions for schools and other educational centers, music and environmental festivals, private companies, events...and whoever is interested in the project. Of course we are also creating plastic products.

Volunteers could help in any of that. And there is still a lot of work to do and we need some support from very motivated people!

Aufgaben der Freiwilligen

Some of the tasks that volunteers will be doing are

- Sorting and shredding plastic waste by colour and type.
- Supporting us coming to workshops in schools and other events.
- Designing promotional materials, posters, roll-up and others.
- Creating audio-visual materials (photo, video, timelapses...). We would love to have different types of videos and material in order to promote what we do.
- Improving our website and being our Community Manager (instagram, facebook, youtube...).
- Producing new plastic objects with the machines.
- Designing new products and moulds.
- Finding ways of funding for this project and others related.
- Finding new local and international partners for collaborations and local volunteers to collaborate.
- Researching companies around the region who might be interested in collaborations, giving us their plastic waste or any other type of alliance.
- Any other task relevant for the project that volunteers decide to implement.
- Writing, managing and/or facilitating Erasmus+ projects such as Youth Exchanges related to environmental topics.
- Creating new campaigns and projects related to environmental issues.

More info about the Global project can be found in the official website: www.preciousplastic.com
And this 3 minutes video helps to understand the project better: youtube.com/watch?v=8J7JZcsoHyA

Unterkunft und Verpflegung

Unterkunft: The accommodation will be in private rooms in a 3 bedroom shared apartment situated in Gandia and all the expenses in the house will be paid by the organisation (electricity, internet, water, gas). Each volunteer will receive a SIM card for their telephone and a bicycle to move around locally.

Verpflegung: Essensgeld wird ausgezahlt.

Voraussetzungen

Spanischkenntnisse (mindestens B1)

We are looking for highly motivated volunteers coming for 12 months. With a very positive attitude and initiative, adaptable to change, with problem-solving capacity and able to work both independently and as a team member. The ideal candidates should have experience, studies or a major interest in:

- Transformation of waste with precious plastic (and some Upcycling optional);
- Digital fabrication and product/graphic design [able to work with software or/and hardware (CNC, 3D printers, CAD, 3DMax...)];
- Environmental campaigns, cleaning events, sustainability or self-sufficiency issues;
- Audio-visuals, digital content, web creation, CM, online marketing...;
- Writing/delivering/managing non-formal education and volunteering projects (Erasmus+ (especially KA2), Creative Europe, ESC, Young Entrepreneurs...);

Rahmenbedingungen

Europäischer Solidaritätskorps. Dauer: 12 Monate.